

Bone Density Measurement Result

Date measured 29-07-2016

Name	Vinod Kumar	Sex	Male	Age	26
ID	001	Height	---.-cm	Weight	---.-kg
Tag		Foot	Right	Menopause	--

<Measurement result>

Young adult mean:1538m/s

Speed of Sound in your heel bone is **1531** m/s.

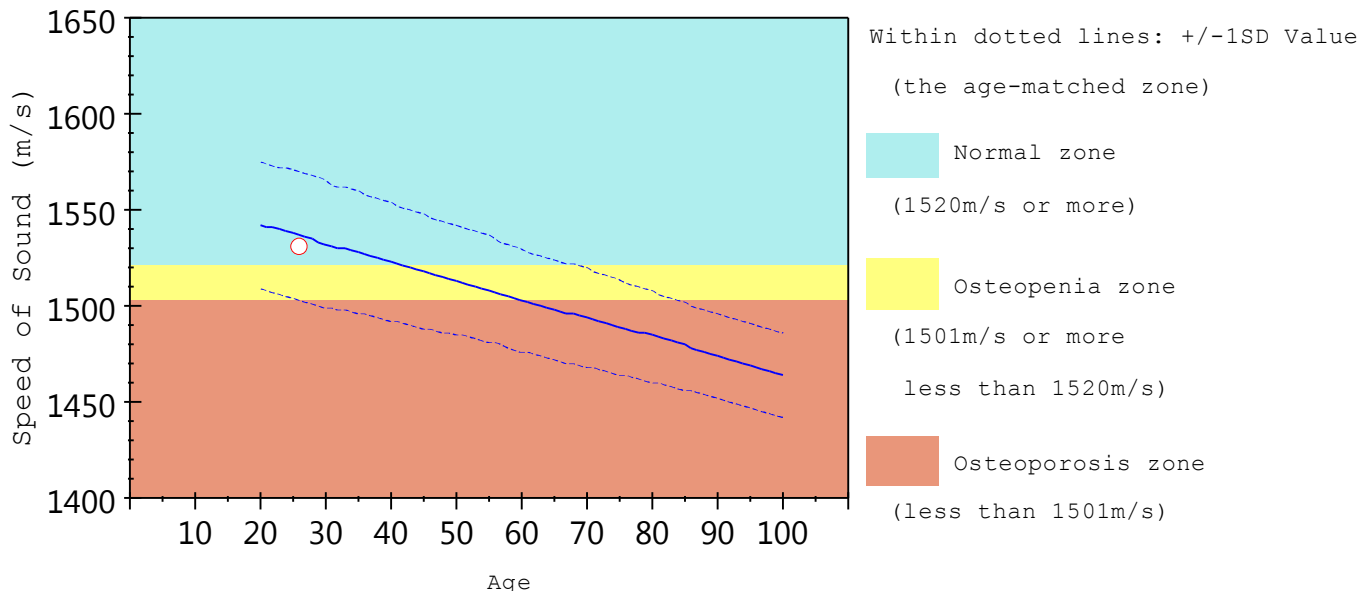
* SOS value equivalent to DXA lumbar bone density.

Equivalent to **96%** of young adult mean. * (T-SCORE:- **0.20**)

Equivalent to **97%** of age-matched. * (Z-SCORE:- **0.15**)

Foot size	25 cm or more	Heel temp.	30.1°C	Unit temp.	28.4°C
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E0708.SOS



The circle indicates your measurement value.

<Comments>

The SOS value shows your bone density seems to be equivalent to the standard value of young normal controls. However, it is known that bone mass starts decreasing from age of forties and it is advisable to have proper amount of exercise and calcium intake to maintain your bone mass. Further periodical checkups are recommended.

<Remarks>